

1. Vocabulary: English
More Coaching: ball

Example: This is what the game is all about! The **ball** is large and round. Most modern footballs are made from 32 panels of plastic or leather, stitched together.



2. Vocabulary: English
More Coaching: drills

Example: When footballers are learning new skills, the trainers make them do **drills**. **Drills** are when players practise the same action again and again to make it automatic.



3. Vocabulary: English
More Coaching: fitness

Example: A player's **fitness** describes how strong and healthy they are. Premier League teams have special **fitness** coaches.



4. Vocabulary: English
More Coaching: formation

Example: How the players are arranged on the pitch is called their **formation**. Some **formations** are better for attacking and some are better for defending.



5. Vocabulary: English
More Coaching: medical

Example: In football, a **medical** is a type of examination. The club uses a doctor to check that new players are healthy and don't have any condition that might stop them playing.



6. Vocabulary: English
More Coaching: strategy

Example: A **strategy** is a plan to win the match. The manager will make a **strategy** before every match.



7. Vocabulary: English
More Coaching: stretching

Example: **Stretching** is a way to prepare a player's muscles before training or a match. It is important because it helps prevent injuries.



8. Vocabulary: English
More Coaching: tactics

Example: **Tactics** are the short plans that form the strategy. A **tactic** might involve two or three players. A strategy involves the whole team.



9. Vocabulary: English
More Coaching: trainer

Example: The **trainer** is a type of coach that focusses on skills. It is a **trainer's** job to make sure that players practise set pieces and tactics.



10. Vocabulary: English
More Coaching: training

Example: **Training** describes the activity players do when they are developing their skills, tactics and fitness.



Test Your Football Vocabulary

Football Vocabulary: More coaching

Write the English words under the pictures.



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____



Vocabulary: English

Coaching: _____

Test Your Football Vocabulary

Football Vocabulary: More coaching

Fill in the gaps in the sentences with the correct form of the English football vocabulary.

- The coach told the players to keep possession of the ball. This _____ will force the opponents to try to tackle more and will tire them out.
- The _____ was being very tough with the players. He made them do lots of drills and everyone had to work very hard.
- The player had been injured for three weeks and the coach was worried about his _____. He would need to train hard.
- The coach wanted to practise some new tactics. He made the players do lots of _____, over and over again.
- The new player was going to join the club as long as he passed he didn't have any injuries and passed his _____.
- Before the players started the training session, they spent some time _____ to make sure their muscles were warmed up.
- The Premier League's official _____ is the Nike Ordem 3. It was developed and tested by some of the best player in the Premier League.
- The manager analysed the opposition's playing style, strengths and weaknesses to come up with a _____ that would win the match.
- The manager prefers a traditional 4-4-2 _____ with 2 strikers working together up front.
- Professional players have to go to _____ sessions everyday. Afterwards, they might focus on special drills or work on their fitness.

Answers: 1 - tactic, 2 - trainer, 3 - fitness, 4 - drills
5 - medical, 6 - stretching, 7 - ball, 8 - strategy,
9 - formation, 10 - training.