

1. **Vocabulary:** English
Kicks: backheel

Example: When you **backheel** the ball, you use the heel of your foot to kick the ball behind you. Backheels can be used to trick defenders.



2. **Vocabulary:** English
Kicks: bicycle kick

Example: A **bicycle kick** is when a player jumps into the air and throws their legs up above their head to kick the ball behind them.



3. **Vocabulary:** English
Kicks: clearance

Example: A **clearance** is when a player kicks the ball a long way from their goal. It is a defensive kick that often sends the ball out of play.



4. **Vocabulary:** English
Kicks: curl

Example: A good player can kick the ball so that it spins in the air and this makes it change direction or **curl**. Players often try to **curl** the ball towards the goal from corner kicks.



5. **Vocabulary:** English
Kicks: keepy-uppy

Example: **Keepy-uppy** is a game where players juggle the ball. They have to keep it up and not let it touch the ground. Some players use these skills in matches.



6. **Vocabulary:** English
Kicks: side-foot

Example: When a player **side-foots** the ball, they kick the ball with the outside of their foot. This is often used for short controlled kicks.



7. **Vocabulary:** English
Kicks: toe punt

Example: When a player **toe-punts** the ball, they kick the ball with the tip of their foot. **Toe-punts** can be powerful but they are difficult to control.



8. **Vocabulary:** English
Kicks: dummy

When a player **dummies**, they don't kick the ball. They pretend to kick the ball to trick their opponent.



9. **Vocabulary:** English
Kicks: half-volley

Example: When a player kicks the ball with a **half-volley**, they let the ball bounce once and then kick it. They don't try to stop or control the ball first.



10. **Vocabulary:** English
Kicks: volley

Example: When a player kicks the ball with a **volley**, they don't allow the ball to bounce. **Volleys** are difficult shots to control, but they can be very powerful.

