

Premier Skills English

Speaking Skills How to improve your fluency Vocabulary - 2

VOCABULARY

In this week's podcast, Rich used spoke about a football training session he ran in the past. He used a lot of vocabulary connected to coaching. Have a look at these sentences from the podcast, do you understand the words in bold?

- I've not **run** many football coaching sessions.
We played **a five-a-side match**.
We did a **training drill** called walk the dog.
It's to practise **dribbling** skills.
You have to put lots of **cones** on the pitch.

INSTRUCTIONS

In the activity below, take a look at the words and see how many you understood.

Match the words on the left with the descriptions on the right.

VOCABULARY

1. a cone
2. to dribble
3. a drill
4. five-a-side
5. to run something
6. a skill

DESCRIPTIONS

- a. to organise something
- b. a training exercise that is repeated many times
- c. a small match with a specific number of players
- d. to run with the ball at your feet
- e. a plastic triangular object that is used at training
- f. an ability to do something